



NIAGARA ESCARPMENT'S HILTON FALLS

Hilton Falls
Campbellville

Take a journey with mile-high views and celebrated trails.
Explore history as it unfolds and hike to iconic waterfalls.

DISCOVER MORE AT theheartofontario.com



**HAMILTON
HALTON
BRANT**

FIND YOUR WAY TO
THE HEART OF ONTARIO

NIAGARA ESCARPMENT'S HILTON FALLS

Unique To The Heart Of Ontario

- Discover Halton's captivating Hilton Falls, a 10-metre classical waterfall and the stone ruins of a 19th century saw mill.
- Gain access to a masterpiece of living art, the Niagara Escarpment, a designated UNESCO World Biosphere Reserve offers sweeping scenic views, streams and wildlife all of which took shape over 450 million years ago as the bed of a tropical sea!
- Hike the Bruce Trail, Canada's oldest and longest footpath and discover the flora and fauna of a diverse natural landscape that showcases a variety of ecosystems.
- Enjoy Hilton Falls Conservation Area and its 33.5 km of trails and an all-season destination for hiking, biking and cross-country skiing.
- Discover a vast network of wetlands and forest that provide excellent opportunities for birding and wildlife viewing of an outstanding assortment of species.
- Be allured by the abundance of conservation areas all near to one another, and all four offering a unique experience. Explore the 15th century Iroquoian longhouse at Crawford Lake CA. Immerse yourself in spectacular views at visitor sought lookouts at Rattlesnake CA, and discover the reservoir that hosts a multitude of on-the-water activities at Kelso CA.
- Visit Halton's historic sites, hamlets, villages and towns that surround the Hilton Falls destination.
- Make a plan to stay, visit local farmer's markets, breweries, unique eateries, a lavender farm, and a local fruit winery.

WATERFALL CHARACTERISTICS LEGEND

RIBBON: Greater height than its crest width, streams of flow form a thin ribbon.

CASCADE: The vertical drop is broken into a series of steps causing water to "cascade" down the incline.

CLASSICAL: The height and crest width are nearly equal.

CURTAIN: Opposite of the 'Ribbon' waterfall, the height is smaller than its crest width.



WATERFALL ITINERARY

TIPS & A HEADS UP

Welcome to Waterfall Hiking in The Heart of Ontario! This 2-Day experience features the picturesque Hilton Falls and its conservation surroundings!

Enjoy safely, while preserving our beautiful trails and the Niagara Escarpment's landscapes and natural areas. The routes are designed to offer you insight to the history and footprints of the past.

The **DAY ONE** itinerary is an invitation to explore Hilton Falls Conservation Area. The hike to the falls is a friendly trail and brings something for everyone, in all seasons. In the conservation area, a loop trail includes the option of a journey to the reservoir. The day takes you on an pleasant journey to Kelso CA. It is a loop, and recommended for an early start to adhere to the parking lot hours at Hilton Falls CA.

DAY TWO begins at Crawford Lake CA and Rattlesnake CA. Start at Crawford Lake CA and make sure to visit the Iroquoian Village and participate in its regular programming. Learn more about what's on, prior to your visit to make the most of your experience. There are plenty of additional trails for a self-guided journey in Halton's conservation destination. The Nassagawega Canyon Trail links to Rattlesnake CA. It's considered an avid hike, but if you are seeking adventure, this hike is for you. Once in Rattlesnake, stop by the numerous lookouts and take plenty of nature photos!

At the end of the day, make plans to spend time in our rural setting at Halton Region's favourite local farmer's markets nearby. Make reservations at a nearby restaurant for a delicious experience or stop by any one of the many breweries or a fruit winery in Halton. There is even a beautiful lavender farm close by, which is definitely worth the visit.

Note: Trails are subject to change as alternate routes may be required. This could be due to maintenance, and other unforeseen circumstances. Bruce Trail Conservancy updates trails on a regular basis. Please check www.bruce-trail.org.

WATERFALL AND TRAIL ETIQUETTE

We want you to enjoy your adventure!

VIEW THE FALLS

- Check out the falls from a viewing platform, this is the best place to see the falls and enjoy the view!
- Stay away from the bottom of gorges, waterfalls or escarpment areas – there is a chance of falling rocks and you could slip and fall on wet or algae-covered rocks.
- Stay away from slopes and edges of the escarpment – ground can become unstable in these areas and pose a fall hazard.
- Whenever visiting water, always be mindful that some areas are prone to flash flooding – pay attention to weather conditions.
- Stay at least one body-length back from the edge of gorges, waterfalls and escarpment areas. This is especially important for children and pets.
- Some Waterfalls in Hamilton have polluted water, do not swim or wade in them.
- Stay away from dangerous areas to take a photo your life is more important than a selfie or landscape shot.

TRAIL SAFETY

- Stick to the marked trails to access the waterfalls, creating your own trail is dangerous and is considered trespassing.
- Respect posted signage, stay on trails and do not climb or bypass fencing.
- Ensure you wear appropriate footwear and only visit the falls during the daylight hours.
- Do not consume alcohol or take medication that may affect your balance while walking near the falls.
- Enjoy the plants and wildlife near the waterfalls, do not litter or trample the delicate plants. Parents/Guardians keep a very close watch on children and take the time to discuss safety concerns before and during your visit.

BE PREPARED

- Leave no trace – leave what you find and take out what you bring. If you are packing food to enjoy on your hike, please be sure to pack it up and take the garbage with you.
- Weather, terrain, and various trail conditions can be challenging. Be prepared by packing drinking water, bug spray, sunscreen, light jacket, and even a first-aid kit. Minimize any risk by simply planning ahead.
- Bring change for parking meters, where applicable.

DAY ONE

HILTON FALLS CA, KELSO CA, MILTON AND CAMPBELLVILLE

DISTANCE:**8.5 km****TIME REQUIRED:****2 - 2.5 hours (minimum)****DIFFICULTY:****Easy to Moderate****SEASONS:****Spring, Summer, Fall, Winter***

HILTON FALLS CONSERVATION AREA TO HILTON FALLS (LOOP)

**Hilton Falls Coordinates: 43.50945, -79.97915****Distance/Timing: 4 km / 1 hour, 25 min.****Terrain: Packed Earth/Groomed Trail**

From the Hilton Falls CA parking lot, stop in at the Visitor Centre and learn about the earthen paths through wondrous, widespread forests of the conservation area.

Begin your trek to Hilton Falls from the Visitor Centre. At the Visitor Centre, be sure to obtain a trail map of the Conservation Area to optimize your experience while visiting.

Take the Red Oak Trail and immediately turn left onto the Hilton Falls Trail. This route leads you along a tranquil hike, following along old logging road of the mid-1800s. Once you arrive to the falls, there is a nice viewing platform with stairs to step down to a good vantage point. The tributaries of Sixteen Mile Creek winds through the escarpment's rocky formations to reach the notable cliffs that make Hilton Falls.

The 3-km Red Oak Trail takes 45 minutes to hike and ascents the escarpment landscape on old logging roads that surround the Hilton Falls Reservoir. For a more extended hike, head out on the 9.5-km Beaver Dam Trail. This 2-hour hike takes you along an extensive loop through wetlands and beaver meadows in the northern section of the park, crossing several headwater areas of the Sixteen Mile Creek. To return, continue along the loop back to Red Oak Trail.

Peeked on top of the Niagara Escarpment, visitors will discover the history of the erosion from melting glaciers, ancient rivers and lakes that led to the formation of Hilton Falls and surrounding area, creating craggy cliffs, rugged slopes, and a UNESCO World Biosphere Reserve. Today, the area is home to a myriad of native plants, wildlife, and even the Hooded Warbler, and endangered species including the Jefferson Salamander.

* **Note:** Hilton Falls CA remains open in winter, Kelso CA closes for ski and snowboard season at Glen Eden)

Historical Notable

Named after Edward Hilton, the ruins of the mill still remain and act as a reminder of the pioneers who once built and operated this saw mill. The falls area has resting benches and interpretive signs highlighting the historical, natural and cultural side of the falls. Picnic tables are set up nearby and guests are encouraged to enjoy their lunch in the serenity of the park. Nearby is a bonfire which is put on by Conservation Halton staff. Enjoy a break at the bonfire and be sure to bring some supplies to make a Canadian favourite... smores!

Hilton Falls Conservation Area

4985 Campbellville Road, Milton, ON

905-854-0262 (Conservation Halton)

www.conservationhalton.ca

Hours of Operation: 08:30 am to 9:00 pm

Admission and Parking Fees Apply

Hilton Falls CA Visitor Centre Coordinates: 43.506027, -79.963101

EXPERIENCE: RED OAK TRAIL TO THE RESERVOIR (LOOP)

(OPTIONAL EXPERIENCE)



Distance/Timing: 3 km / 45 min.

Terrain: Pack Earth/Groomed Trail

Follow the Red Oak Trail and hike to the conservation area's best kept secret. The Reservoir is a peaceful location and a great spot for a picnic. The trail takes you on a loop around the reservoir, as well, links the Bruce Trail as you hike to the visitor centre.

HILTON FALLS CA TO KELSO CA LOOP



Kelso CA Park Main Gate Coordinates: 43.504962, -79.946080

Distance/Timing: 4.5 km / 28-35 min.

Terrain: Roadside Pavement, Groomed Trail

From the Hilton Falls CA Visitor Centre, hike along the road to the Conservation Area exit that intersects with Campbellville Road. Turn left onto Campbellville Road and hike 600-metres to Appleby Line. Cross the road and turn right onto Appleby Line. Hike the roadside 1.7 km to the pavement path which is located on the left. It's a simple 750-metre path into the conservation area, meeting the parking lot and leading to the Visitor Centre of Kelso CA.

In spring, summer and fall, Kelso CA is nature's playground. Enjoy boat rentals down at the reservoir, including Paddle Boats, Stand-Up Paddle Boards and Kayaks. For the inner fishing enthusiasts, plan to fish the lake and enjoy a diverse sport fish experience of Rainbow Trout, Brown Trout, Largemouth Bass, Smallmouth Bass, and Yellow Perch. Fall comes alive as the escarpment explodes with colour of autumns hues! Check out "Fall Into Nature" Festival and take a ride on a chairlift up and down the hill. The trails are plentiful for hikers! On your nature walk, visit the historic lime kilns, which are remnants from the Second World War.

To return to Hilton Falls CA, exit Kelso CA, and return back along Appleby Line, hiking northbound along the roadside approximate 1.7 km, until you reach Campbellville Road. At the intersection, turn left and hike 600-metres to the Hilton Falls Visitor Centre and parking lot.

Kelso Conservation Area (Park Main Gate)

5234 Kelso Road, Milton, ON

905-878-5011 (Conservation Halton)

www.conservationhalton.ca

Hours of Operation: 08:30 am to 9:00 pm



GETTING HERE



VEHICLE

Highway ON-401 from Toronto

Follow ON-401 West (MacDonald Cartier Expressway) and take exit 320 for Regional Road 25 North, toward Halton Hills/Acton. Merge onto Regional Road 25 North, turn left onto 5 Sideroad. Continue onto Campbellville Road, and turn right into Hilton Falls Conservation Area.

Highway ON-401 from London

Follow ON-401 East to Reid Sideroad in Milton. Take exit 312 from ON-401 East. Turn right onto Highbury Avenue N S (signs for Highbury Avenue North). Take the exit onto ON-401 East towards Toronto. Keep left at the fork to stay on ON-401 East. Take exit 312 for Guelph Line towards Regional Road 1/Campbellville/Burlington. Turn left onto Reid Sideroad. Turn left onto Guelph Line/Halton Regional Road 1. Turn right onto Campbellville Road and turn left onto Hilton Falls Conservation Area.

Highway ON-403/QEW from Niagara

Follow Ontario 403 East toward Toronto. Take exit 9 for Appleby Line. Turn left onto Appleby Line/Halton Regional Road 20, and continue to follow Appleby Line. Turn left onto Campbellville Road. Turn right into Hilton Falls Conservation Area.



PUBLIC TRANSIT

There is no public transit service to the conservation areas in Halton.



PARKING

Hilton Falls Conservation Area Parking Lot

4985 Campbellville Road, Milton, Ontario

905-854-0262

www.conservationhalton.com

Coordinates: 43.506041, 79.963156

Parking and Entrance Fee applies

Park Hours: 08:30 am – 9:00 pm.

Note: If you arrived to Hilton Falls CA by car, parking is available at a fee and admission to enter is applicable. Currently Conservation Halton allows your daily entrance fee receipt will apply free access to ALL Halton Parks for that same day. Check updates at www.conservationhalton.ca, as this offer is subject to change without notice.

DAY TWO

CRAWFORD LAKE CA AND RATTLESNAKE POINT CA, MILTON AND CAMPBELLVILLE

DISTANCE:

4.7 km

TIME REQUIRED:

2.5 hours

DIFFICULTY:

Moderate to Avid

SEASONS:

Spring, Summer, Fall, Winter

CRAWFORD LAKE CONSERVATION AREA

Enter the Crawford Conservation Area from Guelph Line and Conservation Road. Discover a 468-hectare park that includes unique geological features, extensive forests. The conservation area has significant natural habitat with a wide diversity of flora and fauna and approximately 19 km of nature trails. The trails consist of a series of overlapping loops and a connecting trail Conservation Halton's Rattlesnake Point Conservation Area. Interpretive stations are located on the boardwalk surrounding Crawford Lake and the Niagara Escarpment lookout.

While at Crawford Lake CA, discover unique, cultural and outdoor learning adventures. Explore the 15th-century reconstructed Iroquoian village and learn about local First Nations history. Watch the turtles paddling the meromictic lake while on a walk around the boardwalk.



CRAWFORD LAKE CA TO RATTLESNAKE POINT CA LOOP



Rattlesnake Point CA Coordinates: 43.471928, -79.911841

Distance/Timing: 4.7 km / 1.5 hours

Terrain: Packed Earth, Groomed Trail

Crawford Lake CA trail links to the Nassagaweya Canyon Trail/Bruce Trail and arrives at Rattlesnake Point CA. This trail leads you to Rattlesnake Point CA and its several trails.

A beautiful hike offers a peaceful experience through the Nassagaweya Canyon to Rattlesnake Point's Buffalo Crag Lookout and Nassagaweya Lookout. Both provide stunning panoramic views of the escarpment, but one of the best views is at Buffalo Crag Lookout Point. It is a must experience, for sure! On the trails see the uncommon Hackberry Tree, and thousand-year-old cedars. Fun for family, geocaches are hidden through-out all parks, and especially at Rattlesnake Point.



GETTING HERE



VEHICLE

Highway ON-401 from Toronto

Take Highway ON-401 West to East (MacDonald Cartier Expressway) to exit 312 for Regional Road 1/ Guelph Line toward Burlington/ Campbellville. Turn left onto Guelph Line/Halton Regional Road 1 (signs for Regional Road 1 S/ Burlington/Campbellville). Turn left onto Conservation Road and Crawford Lake Conservation Area is on the left.

Highway ON-401 from London

Take Highway ON-401 East to Reid Sideroad in Milton. Take Exit 312 from ON-401 East. Turn right onto Highbury Avenue N S (signs for Highbury Avenue North). Take the exit onto ON-401 East toward Toronto. Keep left at the fork to stay on ON-401 East. Take exit 312 for Guelph Line towards Regional Road 1/Campbellville/ Burlington. Continue to follow Halton Regional Road 1. Turn left onto Conservation Road, and Crawford Lake Conservation Area is on the left.

ON-403/QEW from Niagara

Follow ON-QEW towards Toronto/ Burlington. Use the right two lanes to take exit 99 for Fairview Street toward Plains Road. Use the left 2 lanes to turn left onto Fairview Street. Continue onto Plains Road East. Turn left into Royal Botanical Gardens Centre (Visitor Centre).



PUBLIC TRANSIT

There is no public transit service to the conservation areas in Halton.



PARKING

Crawford Lake Conservation Area

7200 Appleby Line, Milton, ON

905-878-5011 (Conservation Halton)

www.conservationhalton.ca

Coordinates: 43.471388, 79.912709

Hours of Operation: 08:30 am to 9:00 pm,
Admission and Parking Fees Apply

Note: If you arrived to Crawford Lake CA by car, parking is available at a fee and admission to enter is applicable. Currently Conservation Halton allows your daily entrance fee receipt will apply free access to ALL Halton Parks for that same day. Check updates at www.conservationhalton.ca, as this offer is subject to change without notice.

STAY & PLAY

APRÈS WATERFALLING: RESTAURANTS, CAFÉS AND MUST-SEES



Mohawk Chophouse

9230 Guelph Line, Campbellville, ON
905-854-2277

www.mohawkchophouse.com

Coordinates: 43.492226, -79.991496



Cascata Bistro

281 Carlisle Road, Carlisle, ON
289-895-7986

www.cascatabistro.ca

Coordinates: 43.3946122, -79.980400



Orange Snail Brewers

32 Steeles Avenue East, Unit 1,
Milton, ON

289-270-1680

www.orangesnailbrewers.ca

Coordinates: 43.5169967, -79.898370



Andrew's Winery

9365 10th Sideroad, Halton Hills, ON
905-878-5807

www.andrewsscenicacres.com

Coordinates: 43.573823, -79.934009

Stonehaven Farms

7388 Guelph Line, RR#3, Campbellville, ON
905-878-1870

www.stonehavenfarms.com

Coordinates: 43.4580279, -79.941157

Springridge Farms

7256 Bell School Line, Milton, ON
905-878-4908

www.springridgefarm.com

Coordinates: 43.4819857, -79.904106

Flying Monkey Bike Shop and Coffee Bar

6 Main Street North, Campbellville, ON
289-458-0202

www.flyingmonkeybikeshop.com

Coordinates: 43.48717, -79.982353

Halton County Radial Railway

13629 Guelph Line, Milton, ON
519-856-9802

www.hcry.org

Coordinates: 43.5810564, -80.1111022

Terre Bleu Lavender Farm

2501 Sideroad 25, Milton, ON
519-512-0522

www.terrebleu.ca

Coordinates: 43.5583322, -80.099445

Continued on next page

STAY & PLAY

ACCOMMODATIONS

Mohawk Inn & Conference Centre

9230 Guelph Line, Campbellville, ON
905-854-2277
www.mohawkinn.com
Coordinates: 43.492226, -79.991496

Holiday Inn Express - Milton

2750 High Point Drive, Milton, ON
905-876-4955
www.ihg.com
Coordinates: 43.5333324, -79.9089066

Home 2 Suites by Hilton - Milton

8490 Parkhill Drive, Milton, ON
289-878-3800
www.home2suites3.hilton.com
Coordinates: 43.532804, -79.90815

CAMPING

Conservation Halton

Kelso Conservation Area (Tent Camping Only)

Kelso Conservation Area (Park Main Gate)
5234 Kelso Road, Milton, ON
905-878-5011 (Conservation Halton)
www.conservationhalton.ca
Kelso CA Main Gate
Coordinates: 43.504962, -79.946080



Conservation Halton Rattlesnake Conservation Area

7200 Appleby Line, Milton, ON
905-854-0262
www.conservationhalton.com
Rattlesnake Point CA
Coordinates: 43.471928, -79.911841

KOA Toronto West Campground

9301 Second Line, RR#1, Campbellville, ON
905-854-2495
www.koa.com
Coordinates: 43.4855654, -80.0008929

ACKNOWLEDGEMENTS

This Waterfall Itinerary was developed by Bev Scott, Tourism Product Development Specialist, Hamilton Halton Brant Regional Tourism Association (HHBRTA), in co-operation with some existing content that industry partners have developed and marketed for consumers.

Photographs used throughout this publication are both HHBRTA owned and courtesy of the attractions featured.